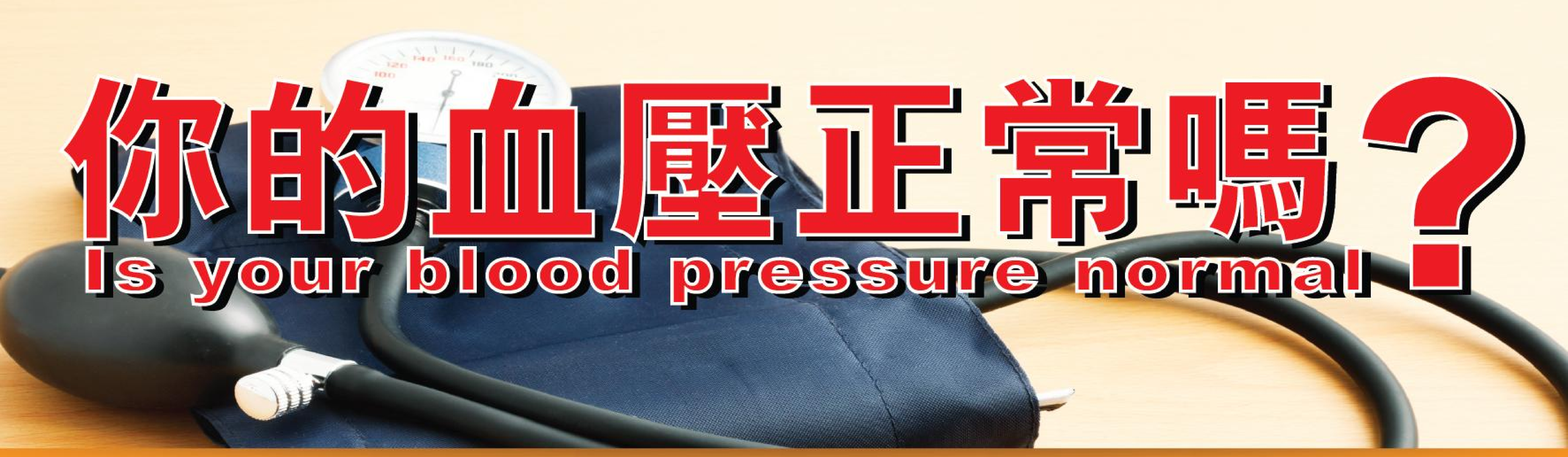
# 隱形殺手高血壓
# HIGH BLOOD PRESSURE KILLS
# 預防治療皆有法
# BUT IT'S PREVENTABLE AND TREATABLE




## 正常讀數低於
## Normal reading below

上壓
Top number

**120** mmHg

下壓
Bottom number

**80** mmHg

中 ENG

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衛生署
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